

## Walks Organised by the Mid Lancashire Area Groups

This programme is a summary of the walks offered by local groups in the Mid Lancs Ramblers Area.

Walk information is also available in list or map form along with further information on groups & walks at:-

<http://www.lancashire-ramblers.org.uk/>

For more information contact the walk leader, or visit the group web site. (See bottom of table for these).

Non members are welcome to come along to a few walks before joining the Ramblers.

Grade :- EA=Easy Access, E=Easy, L=Leisurely, M - Moderate, S - Strenuous, T=Technical. // Post Codes are Approx.



**ramblers**  
at the heart of walking

| Date            | Group        | Grid Ref Post Code   | Start Time | Grade | Walk Description                                                                                                                                                                                                                                                                                                                | Length Miles | Leader   | Contact                  |
|-----------------|--------------|----------------------|------------|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|----------|--------------------------|
| 01-03-18<br>Thu | South Ribble | SD 599129<br>PR7 4LE | 13:00      | L     | Footpaths of Adlington and Anderton. Footpaths of Adlington and Anderton. Walk starts at Jubilee Playing Fields, Adlington, SD599129, PR7 4LE                                                                                                                                                                                   | 6.0          | Marian   | 07880<br>870063          |
| 03-03-18<br>Sat | Chorley      | SD 665191<br>BL7 8BG | 10:30      | M     | Parks of Darwen and Roddlesworth Woods. Meet at: Crookfield Road Car Park PR6 8DZ . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 10:00                                                                                                                                                                  | 9.0          | Maurice  | 01257<br>271507          |
| 03-03-18<br>Sat | Garstang     | SD 493455<br>PR3 1LW | 09:00      | M     | Bampton Grange. Shap Area. Meet at: Car Park at the Community Centre in Garstang                                                                                                                                                                                                                                                | 6.3          | Frank P  | 01772<br>865578          |
| 04-03-18<br>Sun | Chorley      | SD 741360<br>BB7 9UE | 10:45      | M     | From Spring Wood CP to Wiswell, Calderstones and Whalley Abbey . Meet at: Spring Wood Car Park near Whalley. BB7 9UE . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 10:00                                                                                                                               | 6.5          | Mike     | 07854<br>367305          |
| 04-03-18<br>Sun | Fylde        | SD 947323<br>HX7 7AU | 09:30      | S     | South Pennines. A walk across Wadsworth Moor on well defined paths with 2100ft of ascent. . Meet at: Gorple Reservoir car park                                                                                                                                                                                                  | 12.0         | Ray      | 01253<br>869714          |
| 04-03-18<br>Sun | West Lancs   | SD 570152<br>PR7 3RN | 11:00      | M     | Chorley. A walk around the attractive countryside in and around the Yarrow Valley. . Meet at: Yarrow Valley Country Park, Birkacre Road, Chorley.                                                                                                                                                                               | 8.0          | Roger    | 01772<br>812034<br>Geoff |
| 06-03-18<br>Tue | Chorley      | SD 665214<br>BB3 0PD | 13:00      | M     | A walk around Roddlesworth reservoirs, on good hard paths, and following the river Roddlesworth to Hollingsworth Hall. Meet at: Visitor Centre car park, Ryal Fold just off A675                                                                                                                                                | 6.0          | Phil A   | 07762<br>469825          |
| 07-03-18<br>Wed | Preston      | SD 713523<br>BB7 3ES | 11:00      | M     | Slaidburn Circular. Field Paths/Tracks with short section on country roads.Route: The Highfields – Harrop Hall – Easington- River Hodder. Meet at: Slaidburn Car Park                                                                                                                                                           | 7.0          | Bob S    | 01772<br>774159          |
| 08-03-18<br>Thu | South Ribble | SD 882409<br>BB8 9SG | 13:00      | M     | Lakeside path and fields to Foulridge Warf then onto Alkincoates Woodland. Circular walk along lakeside path and fields to Foulridge Warf then onto Alkincoates Woodland.Through the local nature reserve, around Lake Burwain and back through the wood. Walks starts at Colne & Nelson RUFC car park, Colne,SD882409, BB8 9SG | 5.0          | Sandra   | 07812<br>806665          |
| 10-03-18<br>Sat | Chorley      | SD 735775<br>LA6 3AY | 08:00      | M     | Dales Highway. Chapel le Dale to Dent. Meet at: Coach from Union Street PR7 1AL SD584178                                                                                                                                                                                                                                        | 10.0         | Denny    | 01257<br>262122          |
| 11-03-18<br>Sun | Chorley      | SD 591179<br>PR6 0AT | 13:00      | L     | Healey Nab & White Coppice. Healey Nab to White Coppice circular walk. Meet at: Scout Hut next to Highfield School off Brown Street, Chorley PR6 0AT                                                                                                                                                                            | 5.0          | Marina   | 07846<br>699263          |
| 13-03-18<br>Tue | Chorley      | SD 605220<br>PR6 8HW | 13:00      | L     | Wheelton canal walk. A circular walk mostly on footpaths and along the canal with a possible call at the pub. Meet at: Whins Lane lay by just off A674                                                                                                                                                                          | 4.0          | Walter J | 07982<br>094209          |
| 14-03-18<br>Wed | Fylde        | SD 509396<br>PR3 0RE | 10:15      | M     | Myerscough. Walk on well defined paths . Meet at: Old Nells                                                                                                                                                                                                                                                                     | 8.5          | Frank    | 01772<br>865578          |
| 14-03-18<br>Wed | West Lancs   | SD 504066<br>WN8 7RU | 13:30      | L     | Beacon Park. A circular walk through the park and along the paths and lanes in Dalton and Upholland. . Meet at: Beacon Country Park Visitor Centre, Beacon Lane, Upholland.                                                                                                                                                     | 5.0          | Margaret | 01772<br>812034<br>Geoff |
| 15-03-18<br>Thu | South Ribble | SD 481429<br>PR3 0HT | 13:00      | E     | Roads lanes and fields following the Crumbly Lancashire Cheese Walk. Walk starts at St Helen's Church car park, SD481429, PR3 0HT.                                                                                                                                                                                              | 6.0          | Sandra   | 07812<br>806665          |
| 17-03-18<br>Sat | Chorley      | SD 610267<br>PR5 0SR | 10:00      | M     | Hoghton and Samlesbury Bottoms. Meet at: Station road Hoghton                                                                                                                                                                                                                                                                   | 8.0          | Colin    | 01772<br>423991          |
| 18-03-18<br>Sun | Chorley      | SD 604211<br>PR6 8HF | 11:00      | M     | Heapey, Knowley & Brinscall. Circular walk on footpaths to Heapey, Knowley, Brinscall and return. Any person requiring a meal please ring Geoff about 5 days in advance for booking numbers. . Meet at: Dressers Arms Briars Brow, Wheelton. PR6 8HD                                                                            | 6.0          | Geoff    | 07773<br>108403          |

| Date            | Group        | Grid Ref Post Code    | Start Time | Grade | Walk Description                                                                                                                                                                                                                  | Length Miles | Leader     | Contact               |
|-----------------|--------------|-----------------------|------------|-------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------|-----------------------|
| 18-03-18<br>Sun | Fylde        | NY 654083<br>CA10 3SQ | 09:30      | S     | Visit the extensive limestone pavement of Great Asby Scar on well made footpaths. . Meet at: Road side parking                                                                                                                    | 12.0         | John       | 01772 682740          |
| 20-03-18<br>Tue | Chorley      | SD 489186<br>PR26 9RA | 13:00      | L     | Croston Moss circular. Meet at: Out Lane car park next to Doctors Surgery, PR26 9HJ                                                                                                                                               | 4.5          | Eileen     | 07902 300282          |
| 21-03-18<br>Wed | Preston      | SD 591193<br>PR6 9AF  | 11:00      | L     | Botany Bay - White Coppice. Tracks and paths east of M61 to White Coppice.South along Canal side, Higher House Lane, White Coppice, Garstang House Farm, returning past reservoirs and Great Knowley. Meet at:Botany Bay Car Park | 6.0          | Kath F     | 0795 8 2551           |
| 22-03-18<br>Thu | South Ribble | SD 558213<br>PR7 7NA  | 13:00      | L     | Buckshaw's green spaces & Cuerden Park. Past Leiseux Hall, over to Kem Mill remains, and through part Cuerden Valley park - mainly good paths.Walk starts at Bobbin Mill car park, Chorley. SD558213, PR7 7NA                     | 6.0          | Carolyn    | 07759 951346          |
| 24-03-18<br>Sat | Chorley      | SD 829485<br>BB7 4EY  | 10:00      | M     | Gisburn. Circular walk to Paythorne over fields and river bank incorporating part of Ribble Way. Meet at: Car park off A682 , middle of Gisburn . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 09:00      | 11.0         | Phil A     | 07762 469825          |
| 25-03-18<br>Sun | Chorley      | SD 593266<br>PR5 0DT  | 14:00      | L     | Fields, streams and playground. A Scramblers walk for children. Adults must be accompanied by a child. Meet at:Gregson Lane Community Centre, Gregson Lane PR5 0DP                                                                | 2.0          | Pat H      | 01257 241134          |
| 25-03-18<br>Sun | Fylde        | SD 740360<br>BB7 9UE  | 09:30      | S     | West Pennine Moors. A walk on well defined pootpaths. . Meet at: Spring Wood car park                                                                                                                                             | 11.0         | Kath       | 01772 785044          |
| 25-03-18<br>Sun | West Lancs   | SD 415226<br>PR9 8DZ  | 13:30      | L     | Hesketh Out Marsh. A walk along the banks and tracks along the Out Marsh. . Meet at: Junction of Hundred End Lane and Marsh Road, Hundred End.                                                                                    | 5.0          | Peter      | 01772 812034<br>Geoff |
| 27-03-18<br>Tue | Chorley      | SD 627213<br>PR6 8QR  | 13:00      | M     | A varied walk over moors, woodlands and fields around Brinscall. Meet at: Brinscall Baths                                                                                                                                         | 5.0          | Phil A     | 07762 469825          |
| 29-03-18<br>Thu | South Ribble | SD 523168<br>PR7 5SY  | 13:00      | M     | Eccleston Along Yarrow to Euxton. Fields, riverbank and woods, Walk starts at Car Park at the end of Drapers Avenue, Chorley. SD523168, PR7 5SY                                                                                   | 6.0          | Mike       | 07772 501951          |
| 31-03-18<br>Sat | Chorley      | SD 855564<br>BD23 4JZ | 10:00      | M     | Coniston Cold from Hellifield. Meet at: Hellifield Car Park BD23 4JZ . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 09:00                                                                                 | 10.0         | Colin      | 01772 423991          |
| 01-04-18<br>Sun | Chorley      | SD 643313<br>BB2 7HY  | 11:00      | M     | Osbaldestone. Mellor Brook to Balderstone and Osbaldeston. Coffee at the Riding Centre. . Meet at: Old Whalley Road in Mellor Brook. BB2 7PR . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 10:30         | 6.5          | Mike       | 07854 367305          |
| 02-04-18<br>Mon | West Lancs   | SJ 486987<br>WA11 7QT | 11:00      | M     | Bottle and Glass circular. A bank holiday walk from the Bottle and Glass on the paths and tracks around Windle and Crank. . Meet at: Bottle and Glass Inn, St Helens Road, St Helens                                              | 8.0          | Tommy      | 01772 812034<br>Geoff |
| 03-04-18<br>Tue | Chorley      | SD 494140<br>L40 3SY  | 13:00      | L     | Mawdesley Moss walk. Circular walk along quiet lanes and across the moss calling at the Fettle's Wharf tea room. Meet at:Cedar Farm car park L40 3SY                                                                              | 5.5          | Walter J   | 07982 094209          |
| 04-04-18<br>Wed | Preston      | SD 546617<br>LA2 9ET  | 11:00      | M     | Littledale Circular. Tracks, paths and moors. Meet at: Little Crag Car Park (Littledale)                                                                                                                                          | 6.5          | Joan S     | 0770 1 3484           |
| 05-04-18<br>Thu | South Ribble | SD 661271<br>BB2 2TR  | 13:00      | M     | Fields and woods around the beautiful Witton Country Park. Walk starts at the main car park off Preston Old Road (A674), Blackburn, near the running track, SD661271, BB2 2TR                                                     | 5.5          | Dave       | 07814 551507          |
| 07-04-18<br>Sat | Chorley      | NY 397158<br>CA11 0NW | 10:00      | S     | St Sunday Crag via Grisedale Tarn with fantastic views all along route. Meet at: White Lion pub car park Patterdale . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 08:15                                  | 8.5          | Steve      | 07879 406462          |
| 08-04-18<br>Sun | Chorley      | SD 541086<br>WN6 8EA  | 13:00      | L     | Shevington. Circular walk along Leeds Liverpool canal with no stiles to Crook Village with a slight incline at the end , can be muddy. . Meet at: Car Park opposite Plough and Harrow Public House, Shevington WN6 8EA            | 5.5          | Isa & Phil | 07808 614650          |

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|-----------------|--------------|-----------------------|------------|-------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|----------------|--------------|
| 08-04-18<br>Sun | Fylde        | SD 524280<br>PR1 9XP  | 14:00      | E     | Penwortham, Preston, Walton-le-Dale. Pleasant walk on well defined paths . Meet at: Penwortham Cemetery, Hill Rd.                                                                                                                                                                        | 5.5          | Norman         | 01772 745801 |
| 10-04-18<br>Tue | Chorley      | SD 582098<br>WN1 2UR  | 13:00      | L     | Circular walk from Red Rock through Haigh Country Park. Meet at: Old station yard car park Red Rock Lane Standish B5239                                                                                                                                                                  | 5.5          | Eileen         | 07902 300282 |
| 11-04-18<br>Wed | Fylde        | SD 546617<br>LA2 9ET  | 10:15      | M     | Little Dale. Walk on well defined footpaths . Meet at: Little Crag car park                                                                                                                                                                                                              | 7.5          | Joan S         | 01772 791530 |
| 11-04-18<br>Wed | West Lancs   | SD 464156<br>L40 1TA  | 13:30      | M     | Croston Moss. A walk across the mossland between Rufford and Croston following the network of farm tracks. . Meet at: St Mary's Church, Church Road, Rufford.                                                                                                                            | 5.0          | Geoff          | 01772 812034 |
| 12-04-18<br>Thu | South Ribble | SD 471203<br>PR26 9AQ | 13:00      | E     | Exploring Carrs and Much Hoole. Exploring the Wild & interesting areas of Carrs, Much Hoole, & Twenty acre Lane. Walk starts at Bretherton. Eyes Lane, Bretherton, Leyland. Drive to bottom of Village. Turn left at the War Memorial. First right then park on left, SD471203, PR26 9AQ | 6.0          | Graham         | 07980 772346 |
| 14-04-18<br>Sat | Chorley      | SD 705865<br>LA10 5QT | 08:00      | M     | Dales Highway. Dent To Sedbergh. Meet at: Coach from Union Street PR7 1AL SD584178                                                                                                                                                                                                       | 10.0         | Denny          | 01257 262122 |
| 15-04-18<br>Sun | Chorley      | SD 612079<br>WN2 1PP  | 13:00      | L     | Aspull & Hindley Hall via Borsdane Wood. An easy fairly flat walk mostly on good paths. Meet at:Far end of large free car park near Civic Centre Aspull. WN2 1PJ                                                                                                                         | 5.0          | Martin & Susan | 07808 899420 |
| 15-04-18<br>Sun | Fylde        | NY 622150<br>CA10 3JJ | 10:15      | M     | Wickerslack & Maulds Meaburn. Walk on well defined paths . Meet at: Crosby Ravensworth School                                                                                                                                                                                            | 8.0          | Christine H    | 01257 271257 |
| 15-04-18<br>Sun | Fylde        | SD 694730<br>LA6 3HX  | 09:30      | S     | Yorkshire Dales S & W. Footpaths over moorland, good tracks and paths. Steep ascent and descent. . Meet at: Ingleton car park                                                                                                                                                            | 12.0         | Kath           | 01772 785044 |
| 17-04-18<br>Tue | Chorley      | SD 619190<br>PR6 9DE  | 13:00      | M     | A walk over moors to Round Loaf, returning over Hurst Hill to Pikestones, and Stromstrey Bank. Meet at: White Coppice cricket ground                                                                                                                                                     | 5.0          | Phil A         | 07762 469825 |
| 18-04-18<br>Wed | Preston      | SD 492454<br>PR3 1EB  | 11:00      | M     | Garstang to Calder Vale and return. Quiet roads & field paths. Meet at: Garstang High Street Car Park                                                                                                                                                                                    | 6.0          | Frank P        | 01772 865578 |
| 19-04-18<br>Thu | South Ribble | SD 489186<br>PR26 9HJ | 13:00      | L     | Visiting the Green Man, Robin Hood and Horacio Nelson. By the river, cobbled streets and an old manor house, visiting the Green Man, Robin Hood and Horacio Nelson. Walk starts at Croston from the Lord Nelson, Croston, Leyland. SD489186, PR26 9HJ.                                   | 6.0          | Ann            | 07443 533354 |
| 21-04-18<br>Sat | Chorley      | SD 649352<br>PR3 3YS  | 10:00      | M     | Along Ribble Way at Ribchester. Meet at: Ribchester main car park, PR3 3YS . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 09:00                                                                                                                                  | 9.0          | Mike           | 07854 367305 |
| 21-04-18<br>Sat | Garstang     | SD 493455<br>PR3 1LW  | 08:30      | M     | Barnoldswick. Walking the Bounds. Meet at: Car Park at the Community Centre in Garstang                                                                                                                                                                                                  | 10.0         | Frank P        | 01772 865578 |
| 22-04-18<br>Sun | Chorley      | SD 591162<br>PR7 3JX  | 13:00      | M     | Limbrick & Anglezarke circular walk. Meet at:Carr Lane PR73JX                                                                                                                                                                                                                            | 5.5          | Bob            | 01257 413165 |
| 22-04-18<br>Sun | Fylde        | SD 447835<br>LA11 6SN | 09:30      | S     | Visit Whitbarrow National Nature Reserve on well defined footpaths. . Meet at: Road side parking                                                                                                                                                                                         | 11.0         | John           | 01772 682740 |
| 22-04-18<br>Sun | Fylde        | SD 505294<br>PR2 2EF  | 14:00      | E     | Ashton and Haslam Park via canal. Walking on well defined paths. . Meet at: Lockside Rd. CP, Preston Docklands                                                                                                                                                                           | 5.0          | Norman         | 01772 745801 |
| 24-04-18<br>Tue | Chorley      | SD 460170<br>L40 1SU  | 13:00      | L     | Circular walk via Mere Sands Wood from Rufford. Meet at: Lane just beyond Sparks Bridge L40 1SQ . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at Hallgate 12.30pm                                                                                                  | 4.0          | Steve          | 07879 406462 |
| 25-04-18<br>Wed | Fylde        | SD 471760<br>LA5 0UQ  | 10:15      | M     | Silverdale. Pleasant walk on good footpaths . Meet at: Eaves Wood car park                                                                                                                                                                                                               | 8.0          | Christine      | 01253 825295 |
| 26-04-18<br>Thu | South Ribble | SD 627145<br>BL6 7SL  | 13:00      | M     | Rivington Dovecote . Circular walk up to the Dovecote and around Rivington.Walk starts at Car park off Sheep House Lane, Rivington, Bolton. SD627145, BL6 7SL                                                                                                                            | 5.5          | Isa&Phil       | 07808 614650 |
| 28-04-18<br>Sat | Chorley      | SD 617782<br>LA6 2SE  | 10:00      | S     | Barbon Fell from Devils Bridge , Kirkby Lonsdale. Meet at: Devils Bridge , Kirkby Lonsdale . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 08:45                                                                                                                  | 13.0         | Colin          | 01772 423991 |
| 28-04-18<br>Sat | Garstang     | SD 493455<br>PR3 1LW  | 09:30      | M     | Barnacre. Field paths/tracks. Meet at: Car Park at the Community Centre in Garstang                                                                                                                                                                                                      | 8.0          | Dorothy P      | 01995 602995 |

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|-----------------|--------------|-----------------------|------------|-------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|------------|--------------------------|
| 29-04-18<br>Sun | Chorley      | SD 574185<br>PR7 1XA  | 14:00      | L     | "Lions, waterfowl and a mole!". Scramblers children's walk in the woods of Astley park. Adults must be accompanied by a child. Meet at: Hallgate car park, Astley Village PR7 1XA                                                                                    | 2.0          | Pat H      | 01257<br>241134          |
| 29-04-18<br>Sun | Fylde        | SD 808726<br>BD24 0HQ | 09:30      | S     | Upper Ribblesdale. Yorkshire Dales walk on well defined paths . Meet at: Horton in Ribblesdale                                                                                                                                                                       | 13.0         | Ray        | 01253<br>869714          |
| 29-04-18<br>Sun | West Lancs   | SD 291082<br>L37 7DD  | 13:30      | L     | A walk around Freshfield using paths across the sandhills and along the coast. . Meet at: Freshfield Station.                                                                                                                                                        | 5.0          | Pat        | 01772<br>812034<br>Geoff |
| 01-05-18<br>Tue | Chorley      | SD 464427<br>PR3 0SZ  | 13:00      | M     | Bridges along the Brock. Circular walk to and along the River Brock then back through fields and tracks. Meet at: Beacon Fell Country Park                                                                                                                           | 6.0          | Sandra     | 07812<br>806665          |
| 02-05-18<br>Wed | Preston      | SD 621161<br>PR6 9DQ  | 11:00      | M     | Anglezarke Circular. Round the Anglezarke Reservoir. Meet at: Anglezarke Car Park                                                                                                                                                                                    | 6.0          | Sandra S   | 0781 0<br>6665           |
| 03-05-18<br>Thu | South Ribble | SD 699171<br>BL7 9PS  | 13:00      | M     | Walk Around Turton Heights and Cheetham Close. Moorland walk with some slopes. Walk starts at Stones Bank Road, Charter's moss Plantation, Egerton, Bolton. SD699171, BL7 9PS is the nearest postcode but it is not at the exact start point of the walk.            | 5.5          | Mike       | 07772<br>501951          |
| 05-05-18<br>Sat | Chorley      | SD 389876<br>LA11 6NR | 10:00      | M     | Gummers How. Visiting Cartmell Fell and church , Bowland Bridge and Barkbooth Lot for bluebells and Lake District views. Meet at: Gummers How car park near the top of Fell Foot Brow . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at •08:30• | 10.0         | Marian     | 07880<br>870063          |
| 05-05-18<br>Sat | Garstang     | SD 493455<br>PR3 1LW  | 09:00      | M     | Borwick/Capernwray. Canal locks and fields. Meet at: Car Park at the Community Centre in Garstang                                                                                                                                                                    | 8.0          | Carol S    | 01995<br>601478          |
| 06-05-18<br>Sun | Chorley      | SD 568228<br>PR6 7EU  | 13:00      | L     | Miles without stiles. Cuerden Valley, Kem Mill, Lisieux Hall and Clayton Hall ruins. A potential Miles without Stiles walk suggested by John McKenzie. Meet at: Cuerden Valley car park (£1 parking), Sheep Hill Lane                                                | 5.0          | Marian     | 07880<br>870063          |
| 06-05-18<br>Sun | Fylde        | NY 631107<br>CA10 3SJ | 10:15      | M     | Great Asby Scar. Walk the limestone pavements of this stunning area on well defined paths. . Meet at: Gaythorne Plain (on B6260)                                                                                                                                     | 9.5          | John H     | 01257<br>271257          |
| 08-05-18<br>Tue | Chorley      | SD 533458<br>PR3 1SN  | 13:00      | M     | Calder Vale circular walk. Circular walk to Barnacre Church, along tracks and fields then back. Meet at:Calder Vale Country Club PR3 1SN                                                                                                                             | 6.0          | Sandra     | 07812<br>806665          |
| 10-05-18<br>Thu | South Ribble | SD 461155<br>L40 1SB  | 13:00      | E     | Exploring Tarlescough Moss . Exploring the Wild areas of Tarlecough Moss and Mere Sands Wood NR. Walks starts at The Hesketh Arms PH Rufford, SD461155, L40 1SB                                                                                                      | 5.5          | Graham     | 07980<br>772346          |
| 12-05-18<br>Sat | Chorley      | NY 660920<br>NE48 1HL | 08:00      | M     | Dales Highway. Sedbergh to Newbiggin on Lune. Meet at: Coach from Union Street PR7 1AL SD584178                                                                                                                                                                      | 10.0         | Denny      | 01257<br>262122          |
| 13-05-18<br>Sun | Chorley      | SD 455188<br>PR4 6HR  | 13:00      | L     | Sollom circular walk. Meet at: A59 Liverpool Road, Sollom                                                                                                                                                                                                            | 6.0          | Colin      | 01772<br>423991          |
| 13-05-18<br>Sun | Fylde        | SD 491453<br>PR3 1NP  | 14:00      | E     | Garstang. Walking on well defined paths . Meet at: Booth's CP Garstang                                                                                                                                                                                               | 5.0          | Ann M      | 01253<br>886143          |
| 15-05-18<br>Tue | Chorley      | SD 575523<br>LA2 9DR  | 19:00      | L     | Cuerden Valley Park walk. Circular walk along footpaths through the park. Meet at: Northernmost corner of Clayton Green Asda car park PR6 7JY                                                                                                                        | 5.0          | Walter J   | 07982<br>094209          |
| 16-05-18<br>Wed | Preston      | SD 542573<br>LA2 0QR  | 11:00      | M     | Jubilee Tower Circular. Jubilee Tower Car Park - Longmoor - Booth Hall Farm -Damas Gill Reservoir - Hare Appletree - Return                                                                                                                                          | 6.0          | Jane W     | 0775 3<br>9528           |
| 16-05-18<br>Wed | West Lancs   | SD 494140<br>L40 3SY  | 13:30      | L     | A pleasant walk on the paths and tracks around Mawdesley with the option of refreshments before or after the walk. . Meet at: Cedar Farm Galleries, Mawdesley.                                                                                                       | 5.0          | Christine  | 01772<br>812034<br>Geoff |
| 17-05-18<br>Thu | South Ribble | SD 785441<br>BB7 4BW  | 13:00      | M     | Views of Downham and Pendle. Undulating tour around the foot of Pendle Hill. Walk starts at Downham Village Car Park, SD785441, BB7 4BW                                                                                                                              | 6.0          | Christine. | 01772<br>424189          |
| 19-05-18<br>Sat | Chorley      | SD 630140<br>BL6 7SB  | 10:00      | M     | Winter Hill and rivington circular. Meet at: Minor road to Rivington Hall Barn above Lower Rivington Barn                                                                                                                                                            | 10.0         | Jack       | 01257<br>230508          |

| Date            | Group        | Grid Ref Post Code    | Start Time | Grade | Walk Description                                                                                                                                                                                                                                                                                        | Length Miles | Leader   | Contact                    |
|-----------------|--------------|-----------------------|------------|-------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|----------|----------------------------|
| 20-05-18<br>Sun | Chorley      | SD 524280<br>PR1 9XP  | 13:30      | L     | Higher Penwortham Heritage Trail. Urban circular walk from Hurst Grange Park to River Ribble including sites dating from Norman Conquest to 20th century. Historical interest. On pavements, parks and footpaths. Some hills and steps. Meet at: Cemetery car park or on road, Hill Road PR1 9XH        | 3.5          | Ron      | 07707<br>334164            |
| 20-05-18<br>Sun | Fylde        | NY 329051<br>LA22 9JB | 09:30      | S     | Southern Fells. Mainly good paths with some steep ascents and descents. . Meet at: Walthwaite Bottom, Elterwater                                                                                                                                                                                        | 11.0         | Kath     | 01772<br>785044            |
| 20-05-18<br>Sun | Fylde        | SD 313433<br>FY5 1FE  | 14:00      | E     | Rossall –North Pier. This is a linear walk catching a bus back (bus passes ?) . Meet at: Rossall Car park                                                                                                                                                                                               | 5.0          | Wendy    | 01995<br>601698            |
| 20-05-18<br>Sun | West Lancs   | SD 531036<br>WN5 7AT  | 13:30      | L     | Orrell Water Park. A circular walk over Billinge Hill. . Meet at: The Water Park's main Car Park                                                                                                                                                                                                        | 5.0          | Jackie   | 01772<br>812034<br>Geoff W |
| 22-05-18<br>Tue | Chorley      | SD 525170<br>PR7 5SW  | 19:00      | L     | Eccleston evening stroll. Circular walk from Draper Ave around Eccleston woodlands and fields. Meet at: Car Park end of Draper Ave off B5250, PR7 5SY                                                                                                                                                   | 4.0          | Allan    | 01257<br>450096            |
| 23-05-18<br>Wed | Fylde        | SD 741361<br>BB7 9UE  | 10:15      | M     | Nick of Pendle. Pleasant walk on good footpaths. . Meet at: Spring Wood car park                                                                                                                                                                                                                        | 8.0          | David K  | 01772<br>312027            |
| 24-05-18<br>Thu | South Ribble | SD 722172<br>BL7 0NF  | 13:00      | M     | Circular walk around Entwistle Reservoir with a gentle climb up to the Strawberry Duck returning via Wayoh reservoir to the Armsgrove viaduct before returning to the car park. Walk starts at Bateridge Road Car park next to Entwistle Reservoir off B6391 Green Arms Road, Bolton. SD722172, BL7 0NF | 5.0          | Isa&Phil | 07808<br>614650            |
| 26-05-18<br>Sat | Chorley      | SD 574185<br>PR7 1XA  | 09:30      | M     | Chorley Circular. Walk starts at Hallgate car park. You can join walk at Duxbury Park Golf Course main car park st 12.45 for linear walk to Astley Park                                                                                                                                                 | 11.0         | Mike     | 07854<br>367305            |
| 27-05-18<br>Sun | Chorley      | SD 570152<br>PR7 3RN  | 14:00      | L     | Scramblers. A walk for children & families.. From the information centre to Plock Wood and more. Adults must be accompanied by a child. Meet at: Yarrow Valley Country Park, Birkacre, Coppull PR7 3QL.                                                                                                 | 3.0          | Eileen   | 07902<br>300282            |
| 28-05-18<br>Mon | West Lancs   | SD 740360<br>BB7 9UE  | 10:30      | M     | Whalley. A bank holiday walk around this attractive area in the Ribble Valley. Pay and display car park. £1.00 . Meet at: Spring Wood Picnic Site.                                                                                                                                                      | 8.0          | Roger    | 01772<br>812034<br>Geoff   |
| 29-05-18<br>Tue | Chorley      | SD 615190<br>PR6 9DE  | 19:00      | L     | Heapey North up to Brinscall Hall Farm . Meet at: By the nursery at the entrance to the White Coppice cricket ground PR6 9DE                                                                                                                                                                            | 4.5          | Mike     | 07854<br>367305            |
| 31-05-18<br>Thu | South Ribble | SD 926395<br>BB8 8SY  | 13:00      | L     | Bronte Way, Pendle Way and Forest of Trawden. Possible parking charge £1.00. Walk starts at Wycoller Village C.P. Trawden, Colne. SD926395, BB8 8SY,                                                                                                                                                    | 5.5          | Ann      | 07443<br>533354            |
| 02-06-18<br>Sat | Chorley      | SD 795675<br>LA2 8DF  | 10:00      | M     | Feizor to Stainforth and back plus hopefully orchids in Feizor Wood. Meet at: Elaine's café Feizor either pay parking or use café . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 08:30                                                                                          | 8.0          | Linda    | 07902<br>115683            |
| 02-06-18<br>Sat | West Lancs   | SD 417084<br>L39 2YN  | 10:00      | L     | Liverpool Parks and Gardens. By Merseyrail to South Parkway Station for a walk around the parks and gardens of South Liverpool with a local guide. Buy Day Saver (£5.20). . Meet at: Ormskirk Station for the 10.05 train. Change at Sandhills for South Parkway.                                       | 6.0          | David    | 01772<br>812034<br>Geoff   |
| 03-06-18<br>Sun | Chorley      | SD 587152<br>PR7 4AS  | 13:00      | L     | Miles without stiles. Duxbury Park through the Yarrow valley. A potential Miles without Stiles walk suggested by Jack Sugden. Meet at: Duxbury Hall Golf Course car park PR7 4AS                                                                                                                        | 5.0          | Marian   | 07880<br>870063            |
| 05-06-18<br>Tue | Chorley      | SD 637148<br>BL6 7SD  | 19:00      | M     | Rivington Pike. A circular walk on footpaths with a few climbs and descents taking in the pike and a stop at the barn,. Meet at: Lower House car park                                                                                                                                                   | 5.0          | Walter J | 07982<br>094209            |
| 06-06-18<br>Wed | Preston      | SD 428402<br>PR3 OYB  | 11:00      | M     | Great Eccleston Circular. Cross the River Wyre, then going West, Cross the Cartford Bridge, back into Gt Eccleston. Meet at: Park along High St in Gt Eccleston                                                                                                                                         | 6.0          | Sandra S | 0781 0<br>6665             |
| 07-06-18<br>Thu | South Ribble | SD 583099<br>WN1 2UJ  | 13:00      | L     | Haigh Hall. Canal, woods and fields. Walk starts at the Red Rock CP, Haigh, Wigan. SD583099, WN1 2UJ. (not the CP next to canal),                                                                                                                                                                       | 5.5          | Bob      | 01257<br>413165            |
| 09-06-18<br>Sat | Chorley      | SD 706050<br>BL5 1BX  | 08:00      | M     | Dales Highway. Newbiggin on Lune to Hof. Meet at: Coach from Union Street PR7 1AL SD584178                                                                                                                                                                                                              | 10.0         | Denny    | 01257<br>262122            |

| Date            | Group        | Grid Ref Post Code    | Start Time | Grade | Walk Description                                                                                                                                                                                                                                | Length Miles | Leader            | Contact                  |
|-----------------|--------------|-----------------------|------------|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------|-------------------|--------------------------|
| 09-06-18<br>Sat | Garstang     | SD 493455<br>PR3 1LW  | 09:00      | M     | Clapham. Undulating paths. Meet at: Car Park at the Community Centre in Garstang                                                                                                                                                                | 9.0          | Dorothy P         | 01995<br>602995          |
| 10-06-18<br>Sun | Chorley      | SD 564146<br>PR7 4QH  | 13:00      | M     | Coppull circular walk. Meet at: Coppull Enterprise Centre PR7 5BW                                                                                                                                                                               | 5.0          | Rod               | 01257<br>470466          |
| 12-06-18<br>Tue | Chorley      | SD 587152<br>PR7 4AS  | 19:00      | L     | Yarrow Valley. Walk through parkland along part of Chorley Circular walk. Meet at: Duxbury Golf Club                                                                                                                                            | 4.0          | Phil A            | 07762<br>469825          |
| 13-06-18<br>Wed | West Lancs   | SD 484102<br>WN8 7NF  | 10:00      | L     | Newburgh morning walk. A morning walk around the countryside in and around Newburgh with the opportunity for lunch at the Red Lion following the walk. . Meet at: Red Lion, Newburgh.                                                           | 5.0          | Ann               | 01772<br>812034<br>Geoff |
| 14-06-18<br>Thu | South Ribble | SD 564146<br>PR7 5BW  | 13:00      | M     | A walk around Coppull starting at Coppull Enterprise Centre, Coppull Mill, SD564146, PR7 5BW                                                                                                                                                    | 4.5          | Rod               | 07598<br>384960          |
| 16-06-18<br>Sat | Chorley      | SD 932543<br>BD23 3RN | 10:00      | M     | Hetton to Rylstone from North Street car park Gargrave. Meet at: North Street car park Gargrave . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 08:45                                                                    | 10.5         | Colin             | 01772<br>423991          |
| 16-06-18<br>Sat | Garstang     | SD 493455<br>PR3 1LW  | 09:00      | M     | Arnside Knott. Fields and woodland via Fairy Steps. Meet at: Car Park at the Community Centre in Garstang                                                                                                                                       | 8.0          | Carol S           | 01995<br>601478          |
| 17-06-18<br>Sun | Chorley      | SD 477750<br>LA5 0SW  | 10:15      | M     | Rail Ramble. Silverdale to Arnside by train (£2) and then walk back along the coast. Chance to see the Arnside bore. Meet at: RSPB Leighton Moss car park, LA5 0SW . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 09:00 | 8.0          | Mike              | 07854<br>367305          |
| 19-06-18<br>Tue | Chorley      | SD 665215<br>BB3 0PA  | 19:00      | M     | Circular walk to Darwen Tower passing Earnsdale reservoir. Meet at: Royal Arms Darwen car park BB3 0PA . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at Hallgate 6.20pm                                                   | 4.0          | Steve             | 07879<br>406462          |
| 20-06-18<br>Wed | Preston      | SD 732565<br>BB7 4TS  | 11:00      | M     | Stocks Reservoir Circular. Walk around Stocks Reservoir . Meet at: Bowland Forest School Lane Car Park                                                                                                                                          | 8.0          | Sandra S          | 0781 0<br>6665           |
| 21-06-18<br>Thu | South Ribble | SD 564146<br>PR7 5BW  | 13:00      | M     | Hic Bibi and Chisnall Woods. Walk starts at Coppull Enterprise Centre, Coppull Mill, SD564146, PR7 5BW                                                                                                                                          | 6.0          | Rod               | 07598<br>384960          |
| 23-06-18<br>Sat | Chorley      | SD 937393<br>BB8 8SY  | 10:00      | M     | Historic Wycoller. Trawden and Boulsworth Hill. Magnificent views over Bronte Moors and Pendle Hill. Meet at: Haworth Road free car park . Car share from Hallgate Car Park, Astley Village, Chorley PR7 1XA at 08:45                           | 11.5         | Martin &<br>Susan | 07808<br>899420          |
| 24-06-18<br>Sun | Chorley      | SD 628214<br>PR6 8PJ  | 14:00      | L     | Wild places and ruins. Children's walk. Adults must be accompanied by a child. Meet at: Brinscall Baths car park, Lodge Bank, Brinscall PR6 8QU                                                                                                 | 2.0          | Pat H             | 01257<br>241134          |
| 24-06-18<br>Sun | Fylde        | NY 387179<br>CA11 0NG | 09:30      | S     | Eastern Fells. Mountain walk on well defined paths . Meet at: Parking area near Gowbarrow Crag                                                                                                                                                  | 11.0         | Ray               | 01253<br>869714          |
| 24-06-18<br>Sun | West Lancs   | SD 391054<br>L39 6SA  | 13:30      | L     | A walk through the West Lancashire countryside from Aughton to Downholland and back. . Meet at: St Michael's Church, Aughton.                                                                                                                   | 5.0          | Doreen            | 01772<br>812034<br>Geoff |
| 26-06-18<br>Tue | Chorley      | SD 615190<br>PR6 9DE  | 19:00      | M     | Heapey East. White Coppice Hills above the cricket ground . Meet at: By the nursery at the entrance to the White Coppice cricket ground PR6 9DE                                                                                                 | 4.0          | Mike              | 07854<br>367305          |
| 27-06-18<br>Wed | Fylde        | SD 862398<br>BB9 6JZ  | 10:15      | M     | Barley. Pleasant walk on good footpaths . Meet at: Heritage Centre car park, Barrowford                                                                                                                                                         | 7.5          | John H            | 01257<br>271257          |
| 28-06-18<br>Thu | South Ribble | SD 546618<br>LA2 9ET  | 13:00      | M     | Moorland Meander. Undulating walk through Littledale. Walk starts at Little Crag C.P on Littledale Rd (lay by), Littledale, Lancaster. SD546618, LA2 9ET                                                                                        | 6.0          | Christine.        | 01772<br>424189          |
| 30-06-18<br>Sat | Chorley      | SD 620191<br>PR6 9DE  | 10:00      | M     | Round Loaf and Great Hill. Round Loaf, Great Hill and Brinscall circular from White Coppice                                                                                                                                                     | 10.0         | Linda             | 07902<br>115683          |

#### Web sites

Mid Lancs Ramblers: <http://www.ramblers.org.uk/mid-lancashire.aspx>  
Chorley: <http://www.chorleyramblers.co.uk>  
Fylde: <http://www.fyldeamblers.org.uk>  
Garstang: <http://www.ramblers.org.uk/go-walking/group-finder/areas/mid-lancashire/groups/garstang-and-district.aspx>  
Preston: <http://www.prestonra.co.uk>  
LWW: <http://www.facebook.com/lancswalkers>  
West Lancs: [www.ramblers.org.uk/west-lancashire](http://www.ramblers.org.uk/west-lancashire)

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